

Starters

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| Focaccia olive oil, garlic, oregano | £6.00 |
| Garlic Bread tomato, basil garlic | £6.50 |
| Bruschetta Romana fresh tomato, basil garlic, olive oil, oregano served on toasted Italian bread | £9.00 |
| Mozzarella in Carozza crunchy mozzarella in bread crumbs, fried topped with tomato sauce | £8.75 |
| Arancini alla Siciliana Sicilian dish, rice balls with peas, cheese, basil, mushrooms coated in breadcrumbs, fried served with tomato sauce and finished with parmigiano shaving | £9.50 |
| Insalata Caprino refreshing goats cheese in panko bread crumbs served on apple, lettuce, walnut, crispy salade | £9.75 |
| Gamberi Piccanti tiger prawns in garlic, chili, olive oil, & parsley sauce | £11.50 |
| Funghi all'aglio simply creamy garlic mushroom in a parsley sauce | £9.50 |
| Calamari Fritti crispy calamari rings, coated in panko bread crumbs with garlic mayo | £9.75 |

Sapori ITALIAN

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| Minestrone A classic homemade hearty vegetarian soup, full of flavour | £9.50 |
| Cozze alla Marinara Fresh mussels in garlic, parsley & white wine | £11.00 |
| Insalata tricolore Refreshing colourful salade, tomato, baby mozzarella and avocado dressing with extra virgin olive oil & basil | £9.50 |
| Tortino di pesce Homemade fish cake, coated in panko bread crumbs, served with sweet chili sauce | £11.00 |
| Cape Sante (Sapori) King scallops, white wine, butter, garlic, lemon topped with bread crumbs | £13.00 |
| Pate della casa Home made chicken liver pate, with Italian toasted bread, homemade red onion chutney | £9.50 |
| Avocado con gamberetti Riped avocado, prawns with Marie Rose sauce | £9.50 |
| Insalata ai Frutti di Mare Mixed seafood salad, squid, salmon, prawns cuttlefish with fresh salade | £13.00 |

Pizza

(gluten free available on request)

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| Margherita tomato, mozzarella, oregano & basil | £11.00 | Pizza Diavola tomato, pepperoni, salami, nduja sausage and fresh chili | £13.75 |
| Pizza ai funghi tomato, mozzarella, mushrooms & oregano | £12.50 | Pizza Vegetariana tomato, mozzarella, roasted Mediterranean vegetables | £13.00 |
| Pizza Prosciutto cotto e Funghi tomato, mozzarella, ham, mushrooms & oregano | £13.50 | Pizza Quattro Stagioni tomato, mozzarella, peppers, ham, salami, olives & artichoke | £13.50 |
| Calzone Kiev folded pizza with tomato, cheese, chicken, garlic, mushrooms served with tomato sauce | £14.00 | Pizza e salame tomato, mozzarella, pepperoni & oregano | £13.00 |
| Pizza Toscana tomato, mozzarella, basil, pesto, chicken, garlic | £14.00 | Pizza Bianca mozzarella, provolone cheese, smoked speck & smoked ham | £16.00 |
| Pizza Napoletana tomato, mozzarella, capers, anchovies, olives | £13.50 | Pizza Fiorentina mozzarella, spinach, pine nuts, goats cheese | £15.00 |
| Pizza Pugliese tomato, mozzarella, parma ham, rukette & parmigiano shavings | £14.00 | Pizza ai quattro formaggi mozzarella, gorgonzola, goats cheese, parmigiano | £15.00 |

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Pasta

- (gluten free available on request)
- Rigatoni alla Norma** £14.00
Popular pasta dish in southern Italy, with aubergine, tomato, basil and garlic, topped with cheese
 - Lasagne Emiliane** £14.00
fresh layers of pasta with slow cooked bolognese sauce, baked in bechamel, mozzarella and parmigiano
 - Spaghetti alla Bolognese** £13.50
slow cooked rich bolognese with spaghetti
 - Spaghetti alla Carbonara** £14.00
pancetta, egg yolk, parmigiano and cream
 - Spaghetti alla Puttanesca** £14.00
olives, capers, anchovies in a rich tomato sauce
 - Spaghetti Zucchine e gamberetti** £17.50
king prawns, hot chili, garlic, julienne courgettes, butter & wine
 - Penne all'arrabbiata** £13.75
tomato, garlic, chili, nduja sausage, pepperoni
 - Penne al Salmone** £16.50
fresh salmon, peas, tomato, cream & basil
 - Lobster Ravioli** £19.00
tomato, cream, spinach, cherry tomato, parmigiano

- Melanzane alla Parmigiana** £15.00
layers of aubergine, tomato, basil, parmigiano cheese, baked in the oven
- Gnocchi alla Sorrentina** £14.50
gnocchi, tomato, basil, mozzarella cheese, parmigiano baked in the oven
- Penne al Pomodoro** £13.00
tomato, basil, parsley
- Cannelloni alla Fiorentina** £14.50
pasta tubes filled with ricotta, spinach, tomato, mozzarella
- Tagliatelle Pollo e Pesto** (contains nuts) £15.00
chicken, pesto sauce with penne pasta
- Spaghetti ai Frutti di Mare** £18.00
classic shell fish pasta with mushrooms, clams, prawns, garlic & tomato
- Spaghetti alle Vongole** £18.00
fresh clams, garlic, fresh chili, olive oil & parsley
- Risotto ai Funghi Porcini** £17.50
delicious risotto dish, porcini mushrooms, butter, parmigiano cheese, shallots, touch of cream
- Risotto alla Crema di Scampi** £19.00
tasty risotto dish with langoustine (scampi), cherry tomato, butter
- Rigatoni al Sugo di Coda di Bue** £17.00
rich oxtail ragu served with rigatoni pasta

Mains

(served with saute potatoes)

CHICKEN

- Pollo all Crema** £21.00
chicken breast, garlic, mushrooms, cream sauce
- Pollo Schnitzel** £20.00
tender flattened chicken breast fried in panko bread crumbs, butter, herbs
- Pollo alla Cacciatora** £21.00
chicken breast, garlic, peppers, tomato
- Polla al limone** £20.00
chicken breast in lemon, butter sauce

STEAK (served with chips)

- Fillet Steak** £31.00
peppercorn sauce - Diane sauce - gorgonzola sauce
- Sirlion Steak** £24.99
peppercorn sauce - Diane sauce - gorgonzola sauce
- Fegato alla Veneziana** £22.00
calves liver, onion, butter sauce, served with mashed potatoes
- Scaloppine alla Milanese** £23.00
classic veal escalope in bread crumbs, pan fried
- Scaloppine al Marsala** £23.00
veal escalope in cream, mushroom, marsala sauce

FISH (served with roasted vegetables)

- Branzino al Limone** £24.00
seabass fillet grilled, cream, butter, parsley sauce
- Salmone alla Toscana** £20.50
grilled salmon fillet with butter, shallots, touch of cream and garlic
- Baccalà alla Livornese** £20.00
cod loin, sauce of tomato, hint of chili, garlic, tomato & parsley

VEAL (served with saute potatoes)

- Veal Paillard** £23.00
thinly crust veal scallop pan fried in olive oil, parsley, lemon & herbs

Side Dishes

- Mixed salade - £4.00
- Rocket salade - £4.50
- Tomato & onion salade - £4.00
- Chips - £3.50
- Saute potatoes - £4.00
- Zucchini fritte - £4.50

Childrens Menu - £11.99 (age up to 12)

- Chicken goujons & chips
- Small pizza or pasta from main menu
- Ice cream and soft drink

~ DESSERTS ~

ALL HOMEMADE, PLEASE ASK A MEMBER OF STAFF